

"My baby steps became bigger ones, thanks to the individualized care and support I received at MiraVista to manage my mental illness. I have a lot to offer and each day things are better for me. They can be for you, too."

-Susan,
former MiraVista patient

MiraVista Behavioral Health Center in Western Massachusetts and our sister hospital, TaraVista Behavioral Health Center are both part of TaraVista Health Partners, a regional network of mental health and substance use care providers.

MiraVista accepts commercial, Medicare and MassHealth insurance. Discounts and sliding fee scales are available based on family size and income. Our Admissions Team is available to answer any questions you may have about insurance coverage.

MiraVista's proximity in Holyoke to I-91 and I-90 (Massachusetts Turnpike) makes it easily accessible to the regions we serve in Western and Central Massachusetts and Northern Connecticut.

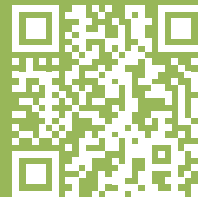


For more information on MiraVista's Inpatient Psychiatric Treatment:

 (413) 701-2600 (option 2)

 (413) 264-0819

 <https://www.miravistabhc.care>




 **MIRAVISTA**
1233 Main Street | Holyoke, MA 01040
www.miravistabhc.care

Mental Health Inpatient Services

HOW YOU'D LIKE TO BE TREATED.



 At MiraVista we believe every individual deserves to be treated with respect, compassion, and the highest-quality care. You will feel heard and understood in a welcoming and comfortable environment.

 **MIRAVISTA**
BEHAVIORAL HEALTH CENTER

Care reimaged is the mission of MiraVista Behavioral Health Center.

This means patient-centered, individualized and effective psychiatric care in a safe environment for adults and adolescents from a multi-disciplinary team of providers trained to meet the needs of this population. These include psychiatrists, nurses, and master-level social workers.

Our provider team is committed to gender-affirming and inclusive care with particular emphasis on safety for LGBTQIA+ community members who are participating in treatment.

Our in-patient adult unit includes therapeutic treatment and medical intervention for a variety of conditions including major depressive and anxiety disorders, bipolar disorder and post-traumatic stress. Treatment can also address co-occurring substance use disorders.

Treatment for adolescents 13-to-17 years old (18 if still attending high

school) is offered in a separate unit and includes a variety of behavioral diagnoses such as attention deficit hyperactivity disorder (ADHD), bipolar disorder, personality disorders, and/or psychosis. We focus on crisis stabilization so patients can return home as quickly and safely as possible.

A variety of group therapies are offered, including pet therapy.



Assessments include those for medical and psychiatric treatment as well as medication management.

Average length of stay is between 7 and 14 days. Our treatment team engages with family and other supports, and discharge planning includes referrals to needed community-based services.

For more helpful information, please contact our Admissions Team at:
(413) 701-2600 (choose option 2),
or (413) 264-0819.

You may also complete an online confidential form at: **miravistabhc.care/contact**

We are accredited by The Joint Commission and have earned The Joint Commission's Gold Seal of Approval® by demonstrating continuous compliance with our performance standards. The Gold Seal is a symbol of quality that reflects a health care organization's commitment to providing patient care that is safe and of the highest quality.

