



Our substance use disorder programs have served the Pioneer Valley for over 40 years.

Our services provide patient focused interventions and recovery support. Delivered by a team of professionals specialized and trained in addiction and mental health diagnosis.

“ **My time at MiraVista reinforced the realization that you can’t do recovery on your own.**”

Kristen P.
A successful recovery patient



CALL
413-701-2600

Press option 3 to access care or for referrals.

- Multilingual services provided throughout our programs.
- MiraVista accepts commercial, Medicare and MassHealth insurance.



miravistabhc.care | 1233 Main St, Holyoke MA

MIRAVISTA'S
SUBSTANCE USE DISORDER
TREATMENT SERVICES

**When You're Ready,
We're Ready.**



QUICK OVERVIEW

Our Services

- **Individual Counseling**
- **Intensive Outpatient Program (IOP)**
- **Massachusetts Impaired Driving (MID)**
- **MiraVista Recovery Services (MRS – outpatient medical management of substance use disorders)**
- **Free Narcan Distribution and Training**
- **Opioid Treatment Program (OTP)**
- **Second Offender Aftercare (SOA)**
- **Free Transportation (To and from appointments)**

Substance Use Disorder Treatment Services

A continuum of addiction care to support every step of recovery.



We believe recovery from addiction is possible. We're here to guide you along the way.

Individual Counseling

Our Clinicians provide individual counseling for substance use disorders (SUDs). You and your Clinician will work together to discuss your specific needs. Sessions focus on your recovery, utilizing tools such as relapse prevention, motivational interviewing, DBT, and referrals to community services. Individual counseling creates an opportunity for additional, patient-centered support to further enhance readiness for change and motivation for the work of recovery.

Intensive Outpatient Program

IOP is an enhanced level of care for individuals who need more intensive support for their recovery and want to remain in the community. IOP offers a structured program that runs 5 days a week for 3.5 hours a day. Treatment includes group therapy, psychoeducation, connection to the community, and other therapeutic interventions designed to assist people in fulfilling their individualized treatment goals.

Narcan Distribution and Training

No cost confidential Narcan distribution and training provided to individuals at risk of overdose or at risk of witnessing overdose.

MiraVista Recovery Services

MRS is a substance use treatment program staffed by doctors, nurse practitioners, physician assistants and registered nurses. MRS is designed for Individuals seeking medication treatment in an office-based setting, for use of substances, including opioids, alcohol, and stimulants. Care at MRS encompasses maintenance and assistance with withdrawal from alcohol and other substances for patients with mild-to-moderate use patterns. The medication offered at MRS includes Suboxone, Sublocade, Naltrexone, and Vivitrol, among others. MRS is continually evolving to provide evidence-based treatment, while maintaining expertise in tried-and-true medication therapies for substance use disorders.

Second Offender Aftercare

SOA provides individuals with more than one charge of operating under the influence (OUI) mandatory treatment for a year. Participants meet with their Clinician to complete an assessment and discuss the recommended treatment, which can include group therapy or 1:1 sessions. Requirements for sessions will be dependent on participation. Referral from court is required.

Opioid Treatment Program

Our OTP provides medication for opioid use disorder (MOUD) with FDA-approved medications – in particular Methadone – for individuals diagnosed with opioid use disorder. Our OTP is open seven days a week and offers a continuum of services (individualized medication management, comprehensive addiction assessments, history and physical exams, individual and group counseling, case management, referral support, harm reduction education and planning). Each patient has an individualized team comprised of registered nurses, licensed practical nurses, masters level therapists, physicians, physician assistants, and support staff specializing in addiction.

Massachusetts Impaired Driving Program

Our Clinicians provide individual counseling for substance use disorders (SUDs). You and your Clinician will work together to discuss your specific needs. Sessions focus on your recovery, utilizing tools such as relapse prevention, motivational interviewing, DBT, and referrals to community services. Individual counseling creates an opportunity for additional, patient-centered support to further enhance readiness for change and motivation for the work of recovery.