



NATIONAL RECOVERY MONTH

As the calendar flips to September, we not only witness the leaves adopting their autumnal hues but also celebrate National Recovery Month — a period that inspires transformation and renewal. This season, soon to be characterized by a spectacular palette of reds, oranges, and yellows, mirrors the vibrant journey towards recovery, symbolizing hope and the possibility of change.

At MiraVista Behavioral Health Center, we recognize the power of these seasonal transitions as a metaphor for the personal transformations experienced by those recovering from substance use and mental health challenges. The changing leaves remind us that growth often comes with changes, both big and small, and that each individual's recovery path is a unique journey colored by their experiences.

WHAT WE OFFER

- **Integrated Treatment Programs:** Tailored to meet the dual needs of substance use and mental health recovery.
- **A Supportive Community:** Just as a forest collectively changes its colors, our community provides a collective support system that nurtures and empowers individuals during their recovery.
- **Ongoing Education and Support:** Whether through our Opioid Treatment Program or Intensive Outpatient Program, both individual and group counseling is provided.

As the landscape shifts into the vivid spectacle of fall, we invite you to look to MiraVista as a resource—a place where change is embraced and new paths are forged in the journey toward health and wellbeing.

For more information or to collaborate with us, please feel free to contact me

- Same-day Walk-in Admissions
- Faster Access To Take Home Doses
- Patient-Centered Medication Build-Ups
- Tele-Video Admissions
- Free Transportation To And From
- Miravista Admissions For Active Opioid Use And Relapse Prevention
- Addiction Support Line (413) 319-3027

directly. I would love to visit, present to staff, or just catch up over coffee. Thank you for your commitment to health and recovery. Together, we can turn this season into a turning point for many.

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