



Committed To
Exceptional Care
HEALING, HOPE, AND SUPPORT



TaraVista, Devens, MA



TARA VISTA

TaraVista Behavioral Health Center is a 122-bed specialty hospital located in the Central Massachusetts community of Devens that provides acute inpatient psychiatric care to adults, adolescents, and children in Middlesex and Worcester counties, as well as throughout the Commonwealth and greater New England region.

The 78,000-square-foot, two-story facility on 7.5 acres opened in late 2016, and has grown to serve 10,000 patients annually. Its modern design provides an environment where patients feel safe and respected, and where individualized care helps them manage behavioral health challenges to know they can lead fulfilling lives.

An interdisciplinary team of clinicians works with each patient in customizing treatment that combines medication assessment, group therapy and discharge planning.

TaraVista's Adult Inpatient Program provides psychiatric care and intervention for acute mental health concerns with or without a co-occurring substance use diagnosis. Substance use is addressed as part of treatment for the primary presenting psychiatric symptoms. Conditions treated include most mental health diagnoses such as major depression and mood disorders, post-traumatic stress disorder, psychosis, and anxiety.

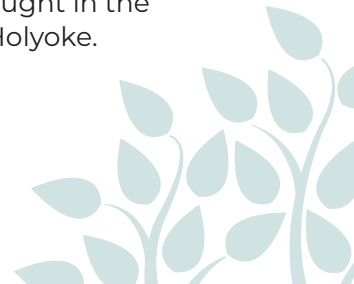
TaraVista's Adolescent Inpatient Program serves school-aged youth between the age of 13 and 17 (18 if attending high school) with a focus on crisis stabilization and discharge planning to allow the adolescent to return home or transition to less intensive services. Treatment is offered for a variety of behavioral diagnoses including depression, self-harming behaviors, severe anxiety, anger management issues, trauma, and suicidal thoughts.

TaraVista's Child Inpatient Program is for children aged 5 to 12 who exhibit signs of acute distress in their physical and emotional behavior that cannot

be managed at home and with existing services. Treatment includes psychiatric evaluation and medication assessment, age-appropriate therapeutic programming with staff experienced in psychiatric care for children, and discharge planning with family and support system collaboration that builds on coping skills learned.

TaraVista Behavioral Health Center is easily accessible from Interstates 495 and 290 and Route 2. It was developed by what is now TaraVista HealthPartners, a behavioral health care management and consulting firm founded by Dr. Michael Krupa, and Boston-based real estate developer GFI.

Four years ago, the two opened TaraVista's sister hospital, MiraVista Behavioral Health Center, in a closed hospital building they bought in the Western Massachusetts city of Holyoke.





MiraVista, Holyoke, MA

The image features a teal-tinted photograph of the MiraVista Behavioral Health Center building, a multi-story structure with many windows. In the foreground, there are tall, feathery grasses. The top right corner has a decorative graphic of stylized leaves. The MiraVista logo is prominently displayed in the upper right section of the page.

MIRA VISTA

MiraVista Behavioral Health Center opened in April 2021 on the grounds of the former Providence Behavioral Hospital in Holyoke during the coronavirus pandemic that closed many psychiatric beds in Massachusetts for lack of staffing.

Health Partners New England under Dr. Michael Krupa and Boston-based GFI Partners announced purchase in early 2021 of the property and, with the help of state funding, brought 20 psychiatric beds for adults online at MiraVista and an additional 16 adolescent beds that summer.

MiraVista's mission is to deliver patient-centered, individualized care from a multi-disciplinary team of providers who include physicians, nurses, physician assistants, licensed practical nurses, master's level clinicians, case managers, social workers and recovery specialists trained in addiction treatment.

Inpatient psychiatric care at the 108-bed hospital is offered to those 18 and older and, in a separate program, for those 13-to-17 years old or 18 years old if still in high school.

The adult treatment unit has 55 beds and offers psychiatric care and intervention for a variety of conditions including major depressive and anxiety disorders, bipolar disorders, and post-traumatic stress. Treatment may also address co-occurring substance use disorders. Group therapies are offered within an individualized care plan.

Treatment for youth on the recently renovated adolescent unit includes a variety of behavioral diagnoses such as attention deficit hyperactivity disorder (ADHD), bipolar disorder, personality disorders, and/or psychosis. There is focus on crisis stabilization so the patient can return home as quickly and safely as possible.

Outpatient addiction treatment services include intervention at an early stage as well as help to initiate treatment after a reoccurrence. Each patient receives a comprehensive assessment by a

master's level clinician to determine what program best fits their needs.

Substance Use Recovery Services for which free transportation is provided include an Intensive Outpatient Program for individuals seeking additional educational and therapeutic support and an Opioid Treatment Program (OTP). OTP offers individuals with an Opioid Use Disorder same-day admission for medication-assisted support combined with therapeutic recovery services.

MiraVista has a program conducted over 16 weeks for referrals from Mass Courts as part of the Massachusetts Impaired Driver Program. It also has Second and Multiple Offenders Aftercare Services for referrals from Mass Courts.



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